The objective of this lesson is to help students identify the difference between playful and harmful teasing.

Playful teasing usually involves a back-and-forth exchange between children that is done in a friendly tone of voice. It is not intended to hurt the other person and both parties laugh at it. Most importantly, children who are teased in a friendly way do not feel threatened, angry, or sad. On the other hand, teasing becomes hurtful when it is done in an angry tone of voice and/or involves angry body language. It is intended to upset the other person and continues even after the child being teased tells the other to stop or becomes upset.

As a class we discuss how it is never acceptable to tease of make fun of someone for the following reasons: race, religion, gender, body size/shape, or intelligence. We also discuss what to do if you are being teased, how to be an upstander for others, and how to fix the problem if you are hurtful to someone else.